

February Senior Center Gazette 2004



INTERNATIONAL FOOD FESTIVAL

Wednesday, February 4, Noon &
Wednesday, March 3, Noon
\$5 Senior Center Members
\$6 non-member seniors
\$7 "youngsters" under 55

Join us for the Annual Senior Center International Food Festival with delightful dishes from many different countries. Want to try an Indian Curry, Italian Pasta, treats from Pakistan, sweet & sour tastes of China? The event is so popular, we have to serve international favorites two months in a row! Purchase your tickets early. Call the Senior Center Office at 790-6600 for information or if you would like to sign up to donate food from your favorite country.

VALENTINES DAY CELEBRATION & LUNCH

Fri., February 13, Noon
Riley's Special "Surf & Turf"
(Beef & seafood) Luncheon
Bring your Valentine for a lovely meal & stay for Birthday Party Entertainment.
\$5, \$6, \$7

February Birthday Party

Fri., February 13, 1:30 pm
Entertainment by
Edna Gamba and the Fremontaires.
Drawing prizes for people who have a February birthday.
Cake and ice cream.

AARP INCOME TAX HELP

Appointments start on Feb. 3. Sign up early for help on Tues. at 10, 11 & 12, Thurs. at 9, 10, 11, & 12, and Fri. at 1, 2, & 3 pm until April 15.

AGING, SPIRITUALITY & CREATIVITY

Tues., Feb 24, 10 am-12 noon
Tri-City Elders Coalition Presents
Marita Grudzen, Associate Director
Stanford Geriatric Education
Center at Fremont Main Library

COMMUNITY SERVICES

SENIOR SERVICES	574-2050
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins.....	574-2082
Tri-City Elder Coalition.....	574-2064
LIFE ELDERCARE	574-2090
Caregivers Support.....	574-2035
Home Services Registry.....	574-2095
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
TRANSPORTATION ASSISTANCE	
AC Transit Information*.....	511
City of Fremont Paratransit Program.....	574-2053
East Bay Paratransit Program.....	1-800-555-8085
HOUSING ASSISTANCE(OFFICE OF NEIGHBORHOODS)	494-4500
LEGAL ASSISTANCE FOR SENIORS	1-800-393-0363
SOCIAL SECURITY	1-800-SSA-1213
MEDICARE	1-800-952-8627
MEDICARE & INSURANCE COUNSELING (HICAP)	839-0393
TRI-CITY HEALTH CLINIC	713-6685
SENIOR LIBRARY SERVICES	745-1499 or 745-1491
SENIOR PEER COUNSELING	574-2063
ALZHEIMER ASSOCIATION HOTLINE	1-800-660-1993

*511 is a new toll-free voice activated phone service. Call 511 for information on AC Transit BART, road conditions and trip planning.

BUILDERS FUND ANNUAL MEMBERSHIP MEETING

February 17, 1:00 P.M.
by Mary Fontes, Vice-President

Please join us for the Annual Builders Fund membership meeting on February 17, 2004 at 1:00 P.M. in Wing "A". At this important event, we will be electing board members who will be serving on the board for a 2-year term. Come and make your voice heard both in who serves on the board as well as issues that may affect the Senior Center with regard to the Builders Fund. If you would be willing to serve on the Board, please call Mary Fontes at 659-0243 so that your name can be added to the ballot.

There will also be a drawing for 10 - \$50.00 membership prizes, plus one quilt that was made by the Senior Center Quilting Class. As a Builders Fund member, your name has already been entered into the drawing. (You do not need to be present to win!)

If you are not yet a member, you do need to make your membership donation before Friday, February 13, 2004 in order to be eligible for the drawing.

(Continued next column)

Builders Fund Continued

All who **attend** the meeting will be given a "Ticket" at the door for a chance to win one of 4 additional prizes of \$25.00 each. There will also be a regular Board Meeting the same morning at 11:00 A.M. in Wing "A". All are welcome to attend.



MAY 20, 2004 6:00 -10:00 P.M.
FREMONT MARRIOTT

Don't miss the Aging & Family Services Fundraiser, "Meet Me on Broadway". Dinner, silent auction, entertainment, and a raffle. Invitations are \$100 per person at the Senior Center Office. We are seeking Silent Auction Items - call Janice Anderman 790-6602 if you would like to make a contribution

**Senior Center Will Be Closed
On Monday, February 16
For President's Day Holiday**



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.